

Stages of Faith Assessment

When it comes to stages of faith, there is no “right” or “wrong” stage. Each person’s journey is unique. This Faith Assessment is a loose guide to help you determine a “home” stage where you presently function. The assessment is meant to determine how you relate over the last weeks or months, not necessarily how you are feeling today.

On a scale of 0 to 5 (0= Not descriptive of me; 5=Very descriptive of me) fill in the box to the right of each statement with the number that most closely describes you at this point in time. **Do not spend more than 10 minutes answering the questions.** Total your answers in each column at the bottom of each section. Transfer the section totals to the Grand Total boxes at the end of the assessment.

	0= Not descriptive of me; 5=Very descriptive of me			
1. My life is falling apart and I wonder if God is the answer to my problems.				
2. I am relieved and thrilled to have finally found the truth.				
3. I purpose to do what I am specifically gifted and called by God to do.				
4. At one time, my faith felt “all together” and then it felt like it fell apart. It now feels like it is coming back together in spite of experiences that do not make sense.				
5. I must surround myself with fellow believers to feed my growth.				
6. I have been experiencing internal pain and a sense of aloneness, even though life has been pretty good.				
7. I am just beginning to discover God for the first time.				
8. My life is totally in God’s hands.				
9. I have discovered my spiritual gifts and am beginning to serve through them.				
10. I am searching to find significance in my life.				
11. Faith and understanding God seemed at one point to be so clear. Now it seems at times that it is shrouded in haze.				
12. I hear with God’s ears, see with God’s eyes, feel with God’s heart, more than I have ever before in my life.				
13. I wonder if God would hear me if I pray to him?				
14. I yearn for greener pastures on the other side of this drought.				
15. I am motivated to begin finding answers to life’s big questions, according to God’s word.				
Column totals				

	0 = Not descriptive of me 5=Very descriptive of me			
16. I desire intimacy with God, no matter what.				
17. I have begun to take on positions of responsibility in my church with joy and with a sense of satisfaction.				
18. I am becoming aware of the hidden parts of my inner self.				
19. I am recognizing that there is a God, but I'm not sure that he is my God.				
20. I am united with Christ. God lives through me.				
21. I am surprised that there is more to God than I thought as I journey deeper in my relationship with him.				
22. I've been thinking a lot about the meaning of life.				
23. I am learning a great deal in my faith and I am beginning to feel convicted that I have a responsibility to use it.				
24. I feel inner peace in the middle of chaos and pain.				
25. The Bible is very clear. If the Bible says it's wrong, it's wrong.				
26. I am experiencing my first glimpse of deep healing from God.				
27. I feel deep compassion for all living things.				
28. I am hungry to learn more about my new-found faith/spirituality.				
29. I'm beginning to believe that I need God in my life.				
30. I do God's work without expectation of recognition.				
Column Totals				

	0= Not descriptive of me; 5=Very descriptive of me			
31. I'm questioning whether God is real.				
32. Often I feel a strong need to be alone and reflect on what I have been experiencing.				
33. I try to do good work for God.				
34. I feel lovingly detached from people who can hurt me.				
35. I'm intrigued by the positive transformation of people through their Christian faith. I wonder if I could ever experience that?				
36. At times, I feel like I'm chasing my tail, searching endlessly for answers. At other times, I feel a growing contentment.				
37. I believe that God totally loves and accepts me for who I am.				
38. The faith of my childhood turned me off, but I am checking it out again.				
39. Worship with my church gives me the boost I need to get through another week.				
40. I know how to live out the deepest desire of my heart.				
41. I am finding assurance in my faith and am confident everyone could and should have the same.				
42. I'm thinking of making a decision to follow God.				
43. I have been feeling a lot of regret and disappointment with myself, others, and even disappointment with God.				
44. Sometimes I get tired from all the good things I'm doing. But I keep on because someone needs to do it.				
45. I am up against walls which I so deeply desire to get past.				
Column Totals				

	0= Not descriptive of me; 5=Very descriptive of me			
46. God is leading me through dark valleys, sometimes blessing me with confidence, yet often leaving me somewhat anxious				
47. I believe that there are many ways to God and Jesus is one of them.				
48. I have a calling I would sacrifice everything for if necessary.				
49. I want to know more about who Jesus is.				
50. I am amazed by spiritual heroes who seem to be so far beyond where I could ever go.				
51. I see pain as a major opportunity for spiritual growth for myself and others.				
52. I have been reflecting more deeply about who God is and who I am.				
53. I feel like an apprentice in my faith, far behind others.				
54. I desire to be in God's will no matter what that brings.				
55. It is my duty to tell others what they need spiritually.				
56. I recognize that Jesus is God, but I have not submitted my life to him.				
57. I'm beginning to address or for some time have been addressing the biggest challenges in my faith.				
58. Why are we here?				
59. I am living out God's purpose in my life.				
60. I long for my spiritual life to be deeper and sense that something is getting in the way, but I have a hard time figuring out what it is that is in the way to get past it.				
Column Total				
Column Total from Page 1				
Column Total from Page 2				
Column Total from Page 3				
Grand Totals				

Stage1 Stage2 Stage3 Stage4