

**Week Three: “What Drives Your Life?”**  
**Day One: “Five Common Drivers”**

**Read: Matthew 6:19-34 (p. 1083 Freedom in Christ Bible)**

**Read: The five common emotions that can drive our life, pp. 27-30a in Purpose-Driven Life**

**Reflect:** What causes anxiety in your life? What are the signs that you are anxious?

**Dig:** What might be the connection between verses 22-23 and verse 24 in Matthew 6:22-24? In other words, why would Jesus speak of these two concepts so closely together?

How is Matthew 6: 33 a key to the whole passage?

What insight do you get into Jesus’ inner life by the way that he closes off this section of his sermon; verse 34?

**Apply:** Before you get on with your life’s responsibilities today, make a list of all the things, activities, and responsibilities that call for your attention. Offer them all up to God, asking him to relieve you of worry. Replace that worry with a simple prayer of trust: “The Lord is my Shepherd, I shall not want.”

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**Day Two: “Living a Plan A Life”**

**Read:** Mark 7:8-9 (p. 1133 Freedom in Christ Bible)

**Read:** Sections entitled “Knowing your purpose gives meaning to your life” and “Knowing your purpose simplifies your life” (pp. 30-31 in *Purpose-Driven Life.*)

**Reflect:** If you could do one thing well in your life...just one thing, what would it be?

**Dig:** Read the context of these verses so you can understand what verses 8-9 are teaching. What did you learn from the context?

How does your tradition (family, personal habits, church) get in the way of God’s commands? (verse 8)

How does the insight of Neil Anderson help you understand the point regarding living a Plan A life?

*“Consider marriage. God’s plan A for marriage is a lifelong, monogamous relationship between a man and a woman who are faithful and committed to each other until death separates them. A young couple should be instructed not to consider any other options—even mentally—though they will be tempted to do so. Thinking about what it would be like to be married to someone else is a fantasy that will appear to be better than reality. A person can actually carry on a mental affair with someone other than the spouse, but such fantasies and mental affairs decrease commitment to Plan A.”*

**Apply:** What “Plan B” things in your life (plans, commitments, habitual sins) is God asking you to let go so that you can live Plan A? Commit this to God in prayer.

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### **Day Three: “Living Purposely Focuses Your Life”**

**Read:** Ephesians 5:14-17 (p. 1361 *Freedom in Christ Bible*)

**Read:** “Knowing your purpose focuses your life” and “Knowing your purpose motivates your life” (pp. 32-33 in *Purpose -Driven Life*).

**Reflect:** Whom do you know that lives completely out of God’s will and ways? What is their life like? How anxious are they?

**Dig:** What wisdom about purpose do you discover in Ephesians 5:14-17?

Look up the two places in the New Testament where this text is expanded upon and note what more you learn about God and his ways from these texts:

1 Corinthians 1:31 (p. 1305) ...take note of verses 26-31.

2 Corinthians 10:17 (p. 1338) ....take note of the context.

**Apply:** Since anxiety arises out of a state of disconnection, how are you disconnected from God and his ways? Ask God to strengthen his connection to you and yours to him.

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### **Day Four: “Knowing Your Purpose Prepares You for Eternity”**

**Read:** Romans 14:9-12 (p. 1298 Freedom in Christ Bible)

**Read:** “Knowing your purpose prepares you for eternity” to close of chapter three in *Purpose Driven Life* pp. 33-34

**Reflect:** How in your life do you live with the end (final judgment) in mind?

**Dig:** What does Romans 14:9-12 have to tell us about how we ought to treat others?

What does 1 Corinthians 3:10-15 (Freedom in Christ Bible p. 1307) tell you about what you will be held accountable for?

According to the *Purpose- Driven Life*, page 34, what are the two questions that God will ask us at the final judgment?

What does Matthew 25:14-30 add (Freedom in Christ Bible p. 1113) to your conviction that God will hold you accountable?

**Apply:** How would you answer these two questions right now?

*What have you done with my son, Jesus Christ?*

*What have you done with what I gave you?*

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**Day Five: “Living on Purpose is the Path to Peace”**

**Using the “Lectio Divina” method of Bible study, (see page 2 of this booklet), meditate on this scripture:**

**“You, Lord, give perfect peace to those who keep their purpose firm and put their trust in you.”**

**Isaiah 26:3 (TEV)**

*Lectio divina* (a Latin expression which means Sacred reading) is done in three stages:

- **reading:** you read the passage slowly and reverentially, allowing the words to sink into your consciousness; after you have memorized the text, write down one word which strikes you and draws your attention and note why you chose that word.
- **meditation:** you allow the passage to stir up memories within you, so that you recognize in it your own experience or that of people who have touched your life; write down memories of events or conversations or other scripture passages.
- **prayer:** you allow the meditation to lead you to prayer - thanksgiving, humility and petition. Write out a prayer based on the passage.