

**S.O.A.P. Bible Study**  
**“Reach Up!”**

**S=Scripture:** Psalm 150

**O=Observation:** After reading the text carefully, answer the following questions: This Psalm was probably composed to conclude the Psalms. What about its composition would lead scholars to believe that? What are the reasons given for praising God? Where should God be praised? What instruments are used? Where does dance figure into the array of instruments which are to be used for praise? In Hebrew the phrase “Praise the Lord” is just one word: “Hallel-u-jah” which is a compound word meaning: Hallel (exuberant, dancing praise) u (you) jah (short for Yahweh, the personal name of our God). How many times is this word used?

**A=Application:** How does your desire and practice of praise compare to this expression and call to praise? How would you like our church and your own worship responses to change as a result of meditation on this Psalm?

**P=Prayer:** Write out a prayer based on your meditation on this passage: